

*UAA-UAF PhD Program in Clinical-Community Psychology
Practicum Site Descriptions*

In-House Clinical Practicum Sites (PSY 652)

University of Alaska Anchorage, Psychological Services Center (PSC) www.uaa.alaska.edu/psych/services
The PSC is the training clinic for all UAA graduate psychology students. The PSC offers outpatient individual, couples, group, child, and family therapy to university students and community residents. In addition to these services, practicum students provide mental health screenings, intake assessments, and psychological assessment. Advanced students may provide clinical supervision to practicum students from the Department's master's degree program. All practicum students receive individual and group supervision from Department of Psychology faculty members who are licensed psychologists.

University of Alaska Fairbanks, Psychology Department Clinic www.uaf.edu/psych/psychology-department-clinic
The PDC is a training site for doctoral student clinicians designed to meet the training requirements of the doctoral program in Clinical-Community Psychology, offering outpatient individual, couples, child, and adolescent behavioral health services for the Fairbanks community. One purpose of the clinic is to meet needs of those who have limited access to other mental health care services. All practicum students are supervised individually and in groups by a licensed psychologist.

Community-Based Clinical Practicum Sites (PSY 653)

Alaska Children's Services (ACS) www.akchild.org
ACS provides residential and home-based care to children and adolescents six to 18 years of age from diverse and rural backgrounds. Services include short to long-term residential care, case management, home-based treatment, therapeutic respite, and foster care support. Practicum students provide a range of treatment services including group, individual, and family therapy, as well as psychological assessment.

Alaska Veteran's Administration Healthcare System and Regional Office www.visn20.med.va.gov/Alaska
The Alaska VA offers comprehensive primary, specialty, and mental health outpatient care to all veterans in Alaska. Additional services include residential treatment for homeless veterans, many of whom are from rural areas of the state and are culturally diverse. Practicum students are able to be placed at either the outpatient services unit or the Domiciliary Residential Rehabilitation Treatment Program. At both locations, practicum students provide individual, group, and family therapy, as well as screenings, intakes, case management, and psychological assessment.

Anchorage Community Mental Health Services, Inc. (ACMHS) www.acmhs.com
ACMHS is a comprehensive non-profit, community mental health agency. Services provided include outpatient therapy and psychiatric services for culturally diverse adults with severe mental illnesses; individual, group, and family therapy; child and adolescent outpatient and psychiatric services; assessment, adult day care, and psychiatric services for seniors; and emergency assessment and triage. Practicum students are able to participate in a wide range of these services, depending on student interests and experiences, and agency needs.

Bassett Community Hospital Ft. Wainwright Community Mental Health
This community mental health agency is a part of the Bassett Army Community Hospital. The agency provides outpatient individual, couples, family, and group therapy for active duty military and their dependents. The clinical practicum experience includes individual, group and family counseling, assessment, and crisis intervention. Students receive group and individual supervision and consultation.

Hope Counseling Center <http://www.hopcounselingcenter.org>
Hope Counseling Center provides assessment, intervention, and prevention services for couples, families, and individuals of all ages, including children, adolescents, and adults. Its mission states that "Hope Counseling Center ... facilitates the mental, social and spiritual growth of our community by offering affordable quality mental health care by Christian professionals".

Kenaitze Indian Tribe, IRA Nakenu Family Center www.kenaitze-nsn.gov/health/nakenu
Nakenu Family Center is a comprehensive, rural-based mental health and chemical dependency treatment facility for children, adolescents, and adults with Alaska Native ancestry. The center strives to provide culturally relevant and evidence-based counseling services to local Tribal members, Alaska Natives, and the overall community. Practicum students are able to participate in a wide range of these services, depending on student interests and experiences, and agency needs.

McLaughlin Youth Center (MYC)

www.hss.state.ak.us/djj/facilities/myc

MYC is administratively housed within the State of Alaska Department of Health and Social Services, Division of Juvenile Justice. Among the programs offered at MYC are secure detention, alternatives to detention, long-term treatment programs, and aftercare for culturally diverse youth around the state, including rural areas. MYC offers specialized programs for sex offenders, girls, older teens, those who participated in gangs, and youth posing significant risk to themselves and others. Practicum students are able to participate in a wide range of these services, depending on student interests and experiences, and agency needs.

Norton Sound Health Corporation, Behavioral Health Outpatient Services

www.nortonsoundhealth.org/bhos.html

In Nome, Alaska, this health corporation is tribally owned and operated, offering outpatient behavioral health services for clients with mental health or substance abuse issues. Services include assessment; crisis management; individual, group and family counseling; psychiatric evaluation; case management; and referral.

Providence Family Medicine Center

www.providence.org/alaska/facilities/familymedicine/01facammed.htm

Providence Family Medicine Center provides primary care services with open access for all community residents, as well as the only medical residency program in Alaska. Practicum students are afforded the opportunity to provide mental health services through this primary care setting, which serves largely culturally diverse clients. Working with psychologists, psychiatrists, medical residents, and center staff, practicum students provide a range of services, including child, individual, couples, group and family therapy, mental health screenings, brief therapy, crisis management, and psychological assessment.

Southcentral Foundation (SCF)

www.southcentralfoundation.com/

SCF provides the full spectrum of physical and behavioral healthcare to Alaska Native and American Indian individuals in the Anchorage area. Behavioral healthcare services include a comprehensive range of outpatient and residential mental health services. Practicum students are able to participate in a wide range of these services, depending on student interests and experiences, and agency needs.

Community Service Practicum Sites (PSY 672; PSY 673 [elective])

Alaska Children's Services (ACS)

www.akchild.org

ACS provides residential and home-based care to children and adolescents six to 18 years of age from diverse and rural backgrounds. Services include short to long-term residential care, case management, home-based treatment, therapeutic respite, and foster care support. The most recent practicum student provided staff training across Alaska on suicide prevention and fetal alcohol spectrum disorder; contributed to training curriculum development; and participated in grant writing

Alaska Geriatric Education Center (AkGEC)

www.alaskagec.org

Funded by the Health Resources and Services Administration, the AkGEC's primary goals are to support and enhance instructional capacity in the area of geriatrics; establish core competency standards and instructional guidelines appropriate for Alaska; and develop and disseminate health-related information and curricula related to the diagnosis, treatment, and prevention of disease, disability, and other problems of the elderly. The most recent practicum student developed resources for the AkGEC website, conducted a needs assessment with regional professional associations to identify geriatric training needs, and wrote a student handbook for practicum students.

Alaska Native Justice Center (ANJC)

www.anjc.org

ANJC addresses Alaska Native individuals' unmet needs in the civil and criminal justice system. The center operates programs statewide that provide direct victim services, legal advocacy, education, training, and technical assistance. The most recent practicum student assisted with managing a juvenile sex offender re-entry planning grant. Activities included conducting a needs assessment, evaluating agency policies and legislation, and developing the management plan.

Alaska Native Tribal Health Consortium (ANTHC)

anthc.org/

ANTHC provides statewide services including specialty medical care; construction of water and sanitation and health facilities; community health and research; information technology; and professional recruiting targeted specifically to Alaska Native and Native American stakeholders. The most recent practicum students are working through ANTHC's Division of Community Health Services, Behavioral Health and Rural Services, a program that provides training, consultation, advocacy and technical assistance for tribally managed behavioral health programs throughout Alaska. These practicum students are conducting needs assessments for the Behavioral Health Aide training program; serving as consultants to ANTHC's HIV/AIDS prevention program; developing a culturally responsive critical incident stress management (CISM) training model for Alaska Native rural communities; and participating in CISM requests from rural communities.

Alaska Psychiatric Institute (API)

www.hss.state.ak.us/dbh/api

API is the only state-funded psychiatric hospital in Alaska and serves all urban and rural residents of the state. Its primary purpose is to provide inpatient psychiatric care for adolescents and adults, with a large proportion of clients of diverse cultural backgrounds. One of the most recent practicum students worked in API's Telebehavioral Health Center, which offers teleconferenced outpatient services throughout rural Alaska. Activities by the student included developing policies and procedures, refining training materials, and conducting an outcome evaluation.

Alaska Statewide Mentor Project (ASMP)

www.alaskamentorproject.org

The Alaska Statewide Mentor Project provides individualized support to first- and second-year teachers, developing an effective teaching force that is responsive to students' diverse academic needs and cultural backgrounds. Its goals include improved teacher retention, quality of instruction, and student achievement. The most recent community practicum student developed an interview protocol, and will work on conducting interviews with teachers who participated in the ASMP, data analysis and dissemination.

American Cancer Society (ACS)

www.cancer.org

ACS seeks to fulfill its mission to save lives and diminish suffering from cancer through community-based programs aimed at reducing the risk of cancer, detecting cancer as early as possible, ensuring proper treatment, and empowering people facing cancer to cope with the disease and maintain the highest possible quality of life. Our practicum student provided training to community volunteers, planned and organized a cancer survivorship conference, assisted with fundraising events, facilitated a weekly general cancer support group, and conducted several statewide community trainings.

Catholic Social Services (CSS)

www.cssalaska.org

Catholic Social Services (CSS) is one of the largest social service agencies in Alaska, with a mission to serve the poor, strengthen individuals and families, and advocate for a just community. CSS operates 10 multi-faceted programs, including two emergency shelters, two homes for teens, food pantry, supportive housing, adoption and pregnancy support program, services for individuals with disabilities, and refugee resettlement & immigration program. Our practicum student provided services through the Refugee Assistance & Immigration Services, a CSS program provides a bridge for international refugees from their former life experiences to their new life in the U.S. The practicum student provided case management, life skills orientation, and job readiness classes.

Cook Inlet Tribal Council (CITC)

www.citci.com

CITC provides social, educational and employment services to Alaska Natives and Native Americans living in the Cook Inlet region. It administers 35 culturally appropriate programs designed to assist individuals and families achieve their endless potential. These programs serve an average of 12,000 Alaska Natives and Native Americans annually. Practicum students have assisted with program development, grant-writing, grant administration, program evaluation, and program consultation.

Hope Counseling Center

www.hopcounselingcenter.org

Hope Counseling Center provides counseling and psychotherapy for individuals, couples, and groups in interior Alaska. It seeks to facilitate the mental, social and spiritual growth of the community, offering a variety of assessment, intervention, and prevention services to nurture people to a healthier life. The most recent community practicum student is working on program development for a newly introduced tele-health delivery model, and program evaluation for an operational substance abuse treatment program, which aims to expand programming.

Interior AIDS Association (IAA)

www.interioraids.org

IAA provides education and prevention services to individuals and groups who may be at risk for HIV, as well early intervention, case management, and other support services to improve the quality of life for people living with HIV/AIDS. The most recent community practicum student is working on developing and evaluating creative outreach programs for IAA, and networking with providers to facilitate awareness of and referrals to IAA's services.

LEAP – Alternatives to Violence

www.leapalternativestoviolence.org

LEAP Alternatives to Violence is a private not for profit organization providing domestic violence treatment services. LEAP programs are tailored to a variety of groups including men, women, adolescence and clients from rural Alaska. The most recent community practicum students conducted a needs assessment and feasibility study for provision of domestic violence treatment services to rural communities via telebehavioral health, developed a telebehavioral health training manual and a cultural training manual, and conducted trainings.

Maniilaq Association Tribal Vocational Rehabilitation (TVR) Program

www.maniilaq.org

Maniilaq Association is a tribally-operated, non-profit, health and social services organization in Northwest Alaska. Maniilaq Association's TVR program provides employment related services to people with disabilities who experience barriers to employment or subsistence activities. One of the most recent community practicum students

developed and implemented a needs assessment for vocational rehabilitation services among people with disabilities in the Maniilaq Association's service region. Activities by the student included reviewing government and agency data, conducting interviews with local service providers, report-writing, and developing recommendations.

Native Village of Unalakleet

www.kawerak.org/tribalHomePages/unalakleet/index.html

Unalakleet is located on Norton Sound, between two territories which consist of two different cultural groups: Inupiaq Eskimos in the North and Yupik Eskimos just to the South. It serves as a hub town to the surrounding sub-region of Norton Sound. It has taken the lead in securing funding for a workforce development project to address elders' needs in the subregion. The project includes a needs assessment to understand service needs for elders in Unalakleet and five surrounding communities. The most recent community practicum student is working on needs assessment survey development, administration, and culturally appropriate adaption, data analysis and dissemination.

Providence Family Medicine Center

www.providence.org/alaska/facilities/familymedicine/01facfammed.htm

The Providence Family Medicine Center provides primary care services with open access for all community residents, as well as the only medical residency program in Alaska. The most recent practicum student placed here was involved in planning, developing, implementing, and evaluating a model of interdisciplinary medical group visits related to diabetes management and treatment for culturally diverse clients (mainly Hmong).

Salvation Army's Clitheroe Center (SACC)

www.salvationarmy.org/clitheroe

SACC is Alaska's largest comprehensive substance abuse treatment facility, offering treatment services focused on meeting the substance abuse and mental health issues of individuals and their families. Serving over 1,600 urban and rural, culturally diverse individuals each year, treatment programs include detox, residential, dual diagnosis, and outpatient treatment services. The practicum student placed here developed an internal performance improvement and outcomes measurement system for the agency, as well as associated policies and procedures.