



A Message from the Universe:

Remember. Oppression thrives off isolation. Connection is the only thing that can save you.

Remember. Oppression thrives on superficiality. Honesty about your struggles is the key to your liberation.

Remember. Your story can help save someone's life. Your silence contributes to someone else's struggle. Speak so we all can

February

Cultural Committee Newsletter

Greetings!

Hola!

Salaam!

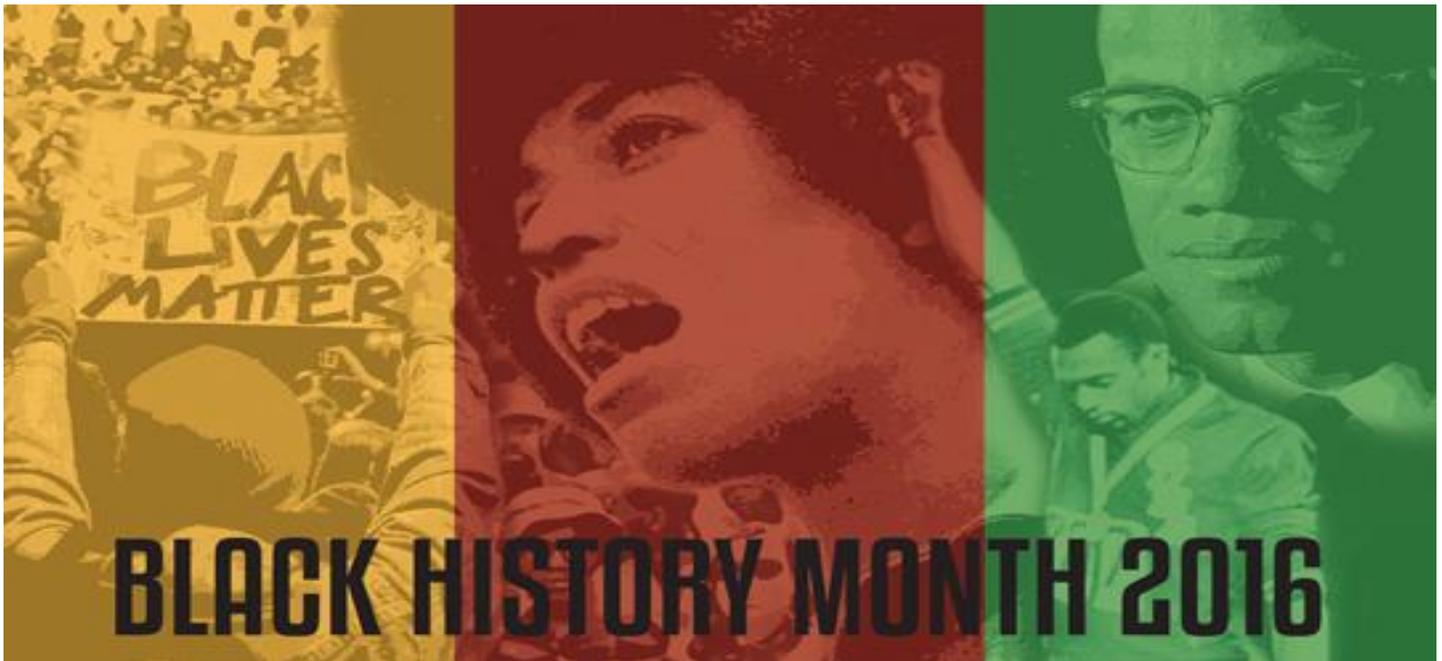
Ni Hau!

Bonjour!

Waqaa!

We hope this newsletter finds you in good health and emotional balance or at least surviving! As the semester is in full force, we wanted to remind you of some important opportunities to celebrate culture.





Claudette Colvin
(born Sept. 5, 1939)

On March 2, 1955, a full nine months before Rosa Parks' famous arrest, Claudette Colvin was dragged from a Montgomery bus by two police officers, arrested and taken to an adult jail to be booked. She was only 15 years old and was the first person to be arrested for defying bus segregation in Montgomery. Her arrest and her story has long since been forgotten, but it provided the spark for the Black community in Montgomery that ultimately led to Parks' actions, the bus boycott, and the Supreme Court ruling to end segregation on buses.

<http://atlantablackstar.com/2014/02/23/10-black-heroes-who-usually-go-unrecognized-during-black-history-month-but-shouldnt/4/>



Bayard Rustin
(March 1910 – August 1987)

Before Martin Luther King, Jr., there was Bayard Rustin, an openly gay Black man fighting for equality in a society steeped in institutionalized racism and homophobia. Despite orchestrating the 1963 March on Washington, and being personally embraced by King and his family, Rustin's sexuality saw him relegated to the margins of history — largely forgotten and, for too long, uncelebrated. While he died long before the mainstream embrace of LGBT rights, recent social shifts have allowed for his memory to be revived.

<http://www.advocate.com/current-issue/2016/1/18/bayard-rustin-was-here>

**BLACK
LIVES
MATTER**

<http://blacklivesmatter.com/>

Elizabeth Peratrovich Day February 16

“I would not have expected that I, who am barely out of savagery, would have to remind gentlemen with 5,000 years of recorded civilization behind them, of our Bill of Rights.”



Elizabeth Peratrovich was an Alaska Native woman, an advocate for social justice, and she

Upcoming Event in Anchorage:

Tuesday February 16:
Native Student Council, sponsored by Native Student Services is hosting Continuing Battles for Civil Rights: An Elizabeth Peratrovich Panel
Speakers include: Bill Oberly, director of the Alaska Innocence Project, Maude Blair, vice president of Alaska Federation of Natives, Gregory Razo, director of the Alaska Native Justice Center

Upcoming Event in Fairbanks:

Wednesday February 17:
The League of Women Voters is hosting an Elizabeth Peratrovich Event showing the film For the Rights of All: Ending Jim Crow in Alaska

The Noel Wein Library

*Please join us at UAA in SSB 302
or UAF Gruening 209
from 9 – 11 am on March 4
for a Potluck Breakfast!*



Hosted by the Clinical-Community Psychology PhD
Cultural Committee

Where: UAA SSB 302 & UAF Gruening 209
Students, faculty, and cultural advisers welcome!



UNIVERSITY
of ALASKA

Please bring a breakfast item &
recipe to share that you enjoyed
growing up or is a traditional food
from a culture you identify with.

Hope to see you there!

Congratulations on
successfully defending
your dissertation
proposals!
Xiomara O.
Brittany F.

Celebrations!!!

**If you submitted a portfolio— Way to go!!!
Reminder: March 1st Clinical Portfolios Due!!!**

Student Spotlight: Jessica Petalio

Jessica was spotlighted for her Rock Star engagement and scholarship. This year she organized a Filipino American Student Group on the University of Alaska Anchorage campus, attended the Division of Filipino Americans (DoFA) Conference this year, and was awarded a scholarship. Jessica also was honored with the UAA Student Diversity Award.

Celebrate Baby

Congratulations

Jake & Tina

and

Rachel & Ely



**on welcoming a new (or two!) additions to
your families this Spring!**



day off n. (in Academia)

A day spent doing something related to your project that can still be considered productive but which requires no mental effort.

e.g. "I took the day off and sorted my references."



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Good luck to those awaiting Phase I Match Results — February 19th!

Jessica, wrote a brief editorial about some of the opportunities she has pursued or has been a part of this semester. The Cultural Committee is grateful to her taking time to share with us. We encourage you to share with one another your accomplishments or write one of us on the committee and we'd be happy to interview you for the next newsletter!

An editorial from Jessica P.

Alaskeros Kasamahan Student Organization:

The student organization that I started is called Alaskeros Kasamahan. The origin of the name is derived from the history of the Alaskeros, or Filipino migrant workers that worked in the canneries in Alaska. The name has now evolved and reclaimed to mean simply Filipinos in Alaska. Kasamahan in Tagalog means colleagues or companion, being that we are all colleagues or companions as we are affiliated with UAA. Together, Alaskeros Kasamahan simply means Filipina/o colleagues/companions in Alaska.

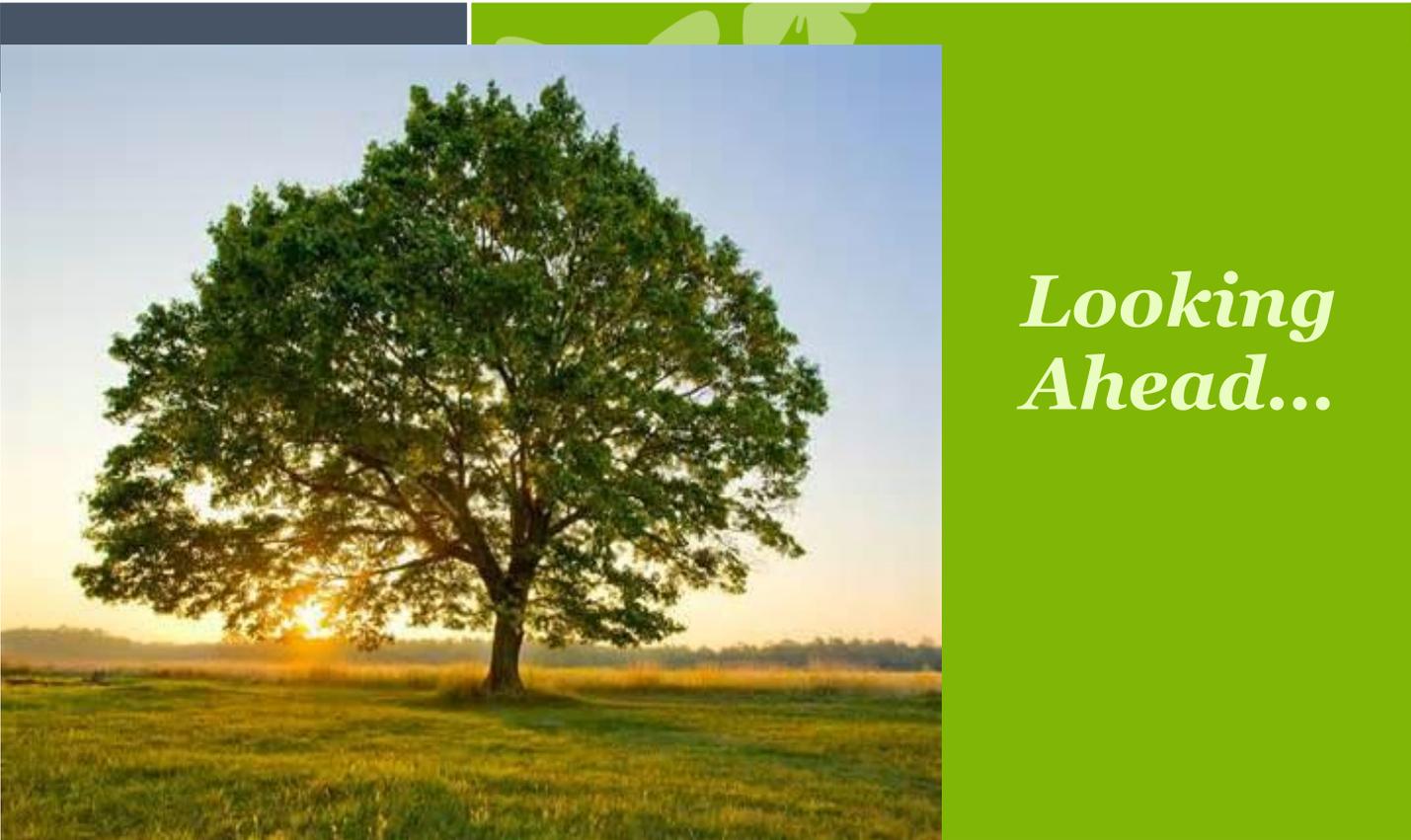
I started this organization because I found that there was a need at UAA for a safe space where Filipina/o Americans could be supported academically, socially, and emotionally. My co founder and I spoke with a few stakeholders in the UAA/Anchorage community for a year to gauge whether or not this was needed or wanted at UAA and we received a resounding yes. This organization is a response to community needs.

Our organization just became officially part of UAA Student Life in the beginning of February. Our mission and vision of our organization is to provide academic support and the preservation of Filipina/o American culture while offering a safe space for expression at the UAA. Our organization aims to cultivate an environment of community oriented leaders where our peers gain a critical understanding of their identities through the education of community issues.

Division of Filipino American Conference DoFA) 2016:

I attended the first DoFA Conference on January 25th in Berkeley, CA along with Dr. David and 2 students affiliated with UAA. My project was also accepted to present during their poster session. However, due to the delay on our IRB, I was not able to collect and present data for the conference. My conference experience was surreal because I was able to meet and connect with many of the Filipina/o American pioneers whose research guided and transformed the field of Filipina/o American Psychology. I was also able to connect with Filipina/o Americans who are currently working within the mental health setting. The conference gave me hope that despite research showing the disparities in mental health and mental health seeking within the Filipina/o American community, the field is growing and is filled with people in the community who truly care about the wellness and prosperity of the Filipino/o culture.





Looking Ahead...

March

National Women's History Month

May

Asian Pacific American Heritage Month

Older Americans Month

Jewish American Heritage Month

June

LGBT Pride Month

Caribbean American Heritage Month

September

National Hispanic-Latino/a Heritage Month

October

LGBT History Month

National Disability Employment Month

November

National American Indian/Alaska Native Heritage Month